



Welcome to Bright Green Future Residential

Saturday 12th April – Wednesday 16th April at [JCA Condover Hall, Shrewsbury, Shropshire, SY5 7AU](#)

This pack includes:

- Timetable for the week
- Packing list
- Sample menu

It's almost time for Residential! Please arrive at Shrewsbury train station by 2pm on Sat 12th April, where BGF staff will greet you and join you on the 2:20pm coach to Condover Hall. Book your return train journey from 12pm onwards on Sunday 7th April. If you are travelling by private car, please arrive at Condover Hall after 3pm on the Wednesday and depart at 11am on the Sunday.

Remember that students need to also bring:

1. Part A of their project, completed and printed
2. Their Top 5 Strengths from the VIA Institute Character Strengths, printed

I hope this information answers questions that you might have. Please email BGF staff at bgf@cse.org.uk if we can help with anything else. We can print documents for you if needed.

You can call or text me on the BGF phone any time from Friday 11th April - 07542 578755.

Looking forward to meeting everyone soon.

Best wishes,

Roy Kareem

Bright Green Future Programme Director



Phones

BGF Residential is an 'unplugged' event. We ask our student to leave their phones in their rooms at breakfast time and keep them there until dark.

It's important for us to focus on forming new friendships, connect with our natural world, and contemplate the big challenges we want to tackle. Stepping away from devices is a major part of this.

BGF staff carry an emergency phone at all times if carers need to contact their young person, or vice versa. The BGF phone is **07542 578755**.



Bright Green Future Residential Saturday 12th April – Wednesday 16th April 2025

Condover Hall, Shrewsbury, Shropshire, SY5 7AU <https://www.jca-adventure.co.uk/activity-centres/condover-hall/>

Nearest train station: Shrewsbury, 5.5 miles away. A coach will take you from Shrewsbury train station to Condover Hall at 2:30pm on Saturday 12th April.

Saturday 12 th April	Sunday 13 th April	Monday 14 th April	Tuesday 15 th April	Wednesday 16 th April
<p>14:30 Coach leaving from Shrewsbury train station to Condover Hall.</p> <p>16:00: Opening talk and introductions</p> <p>Evening: Games night</p> <p><i>*Formal programme begins 16:00. Students can arrive at Condover Hall from 15:00 onwards.</i></p>	<p>Morning: Workshop - Introducing change making in your local place</p> <p>Afternoon: Workshop – BGF Project Part Two!</p> <p>Evening: Fireside</p>	<p>Morning: Outdoor activities – high wires & canoeing</p> <p>Afternoon: Workshop – Career pathways using our strengths & values as a compass</p> <p>Evening: Movie night</p>	<p>Morning: Final project presentations</p> <p>Afternoon: Workshop – leverage points for making change</p> <p>Evening: Fireside & BGF Graduation</p>	<p>Morning: Closing Circle</p> <p>11:00 student departure</p> <p><i>*Students travelling by train should depart Shrewsbury station from 12 onwards.</i></p>

The exact timetable with a further detailed breakdown will be available closer to the time.

Read more about where we're going on the [JCA website](#).

Bright Green Future is run by the Centre for Sustainable Energy, Bristol BS1 3LH. Charity number: 298740. Bright Green Future is made possible by funding from Blagrove Trust, 1% For The Planet and others.



Kit List Essentials:

- Enough clothes for 4-5 days including layers for cold evenings outside
- **Old clothes and spare shoes** which you don't mind getting wet/dirty when we go canoeing or walking
- Rain-proof jacket (we have spares if you need to borrow one, just let us know)
- A towel for showering
- Toiletries for 4-5 days
- Drink bottle
- Something to write on e.g. pen and paper, tablet
- Part A of your project, complete and printed
- Your VIA Institute Top 5 Strengths, printed or on your phone

Optional:

- Your own pillow (bedding and sheets are provided, this is if you would prefer your own pillow)
- Your own **nut-free** snacks
- Your favourite card games or activities to share during free time

Sample Menu:

Breakfast

Toast, cereal, fruit

Hot items including hash browns, eggs and beans

Sweet items including porridge, pain au chocolat or waffles

Tea & coffee

Lunch

Veggie fajitas with nachos

Fruit

Dinner

Pasta bake

Mango and passionfruit cheesecake

Supper

Vegan marshmallow smores (campfire)

All our meals are catered by Condoval Hall.

All meals are vegetarian unless otherwise stated.

Students will be staying in 3, 4 or 5 person single gender rooms. Each room has a private bathroom.

We can print off your project for you. Just email bgs@cse.org.uk if you have questions and we'll be happy to help.

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