



Welcome to Bright Green Future Residential

Wednesday 3rd April – Sunday 7th April at [JCA Condover Hall, Shrewsbury, Shropshire, SY5 7AU](#)

This pack includes:

- Timetable for the week
- Kit list
- Sample menu

It's time to go ahead and book your train! Please arrive at Shrewsbury train station by 3.45pm on Wed 3rd April, where BGF staff will greet you and join you on the 4pm coach to Condover Hall. Book your return train journey from 11.45am onwards on Sunday 7th April. If you are travelling by private car, please arrive at Condover Hall after 4pm on the Wednesday and depart at 11am on the Sunday.

We hope this information answers questions that you might have. Please email BGF staff at bgf@cse.org.uk if we can help with anything else.

You can call or text me on the BGF phone any time from Tuesday 2nd April - 07803 767569.

Looking forward to meeting everyone soon.

Best wishes,

Roy Kareem

Bright Green Future Programme Director



Phones

BGF Residential is an 'unplugged' event. We ask our student to leave their phones in their rooms at breakfast time and keep them there until dark.

It's important for us to focus on forming new friendships, connect with our natural world, and contemplate the big challenges we want to tackle. Stepping away from our devices is a major part of this.

BGF staff will carry an emergency phone at all times if carers need to contact their young person, or vice versa. The BGF phone is **07803 767569**.



Timetable for Bright Green Future Residential Wednesday 3rd – Sunday 7th April 2024

Location: Condover Hall, Shrewsbury, Shropshire, SY5 7AU <https://www.jca-adventure.co.uk/activity-centres/condover-hall/>

Nearest train station: Shrewsbury, 5.5 miles away. A coach will take you from Shrewsbury train station to Condover Hall at 4pm on Wednesday 3rd April.

Wednesday 3 rd April	Thursday 4 th April	Friday 5 th April	Saturday 6 th April	Sunday 7 th April
<p>16:00: Coach leaving from Shrewsbury train station to Condover Hall.</p> <p>17:00: Opening talk and introductions</p> <p>Evening: Games night</p> <p><i>*Formal programme begins 17:00. Students can arrive at Condover Hall from 16:00 onwards.</i></p>	<p>Morning: Introducing 'Just Transition' and intersectionality</p> <p>Afternoon: Quickfire sustainability topic workshops</p> <p>Evening: Fireside</p>	<p>Morning workshop: Strength and values workshop</p> <p>Afternoon: Countryside walk</p> <p>Evening: Movie night</p>	<p>Morning: Outdoor activities - bushcraft & canoeing (to be confirmed)</p> <p>Afternoon: Career pathways workshop – using our strengths & values</p> <p>Evening: Fireside</p>	<p>Morning: Closing Circle</p> <p>11:00 student departure</p> <p><i>*Students travelling by train should depart Shrewsbury station from 12 onwards.</i></p>

The exact timetable with a further detailed breakdown will be available closer to the time.



Kit List Essentials:

- Enough clothes for 4-5 days including layers for cold evenings outside
- A towel for showering
- Old clothes for the canoeing, which you don't mind getting wet/dirty
- Rain-proof jacket (we have spares if you need to borrow one, just let us know)
- 2x pairs of shoes – a comfy pair for daily use & the countryside walk and a pair that are okay getting wet/muddy during canoeing.
- Toiletries for 4-5 days
- Sun protection e.g. hat, sunscreen
- Drink bottle
- Bag or backpack you are comfortable taking around with you all day
- Something to write on e.g. pen and paper, tablet

Optional:

- Your own pillow (bedding and sheets are provided, this is if you would prefer your own pillow)
- Your own nut-free snacks
- Your favourite card games or art activities to share during free time

Sample Menu:

Breakfast

Toast, cereal, fruit

Hot items including hash browns, eggs and beans

Sweet items including porridge, pain au chocolat or waffles

Tea & coffee

Lunch

Veggie fajitas with nachos

Dinner

Pasta bake

Mango and passionfruit cheesecake

Supper

Vegan marshmallow smores (campfire)

All our meals are catered by Condoval Hall. Meals are vegetarian unless otherwise stated.

Students will be staying in 4 -5 person single gender rooms. Each room will have their own private bathroom.